### Coaching for RTI Success



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**Utah Coaching Model (UCN)** 



Coaching...
• "Coaching is about building relationships with teachers as much as it is about instruction."

» Jim Knight, University of Kansas

### **Session Outcomes:**

- Describe specific skill set of coaching skills
- Demonstrate how to apply a differentiated coaching model to support RTI
- Create coaching plan for current assignment
- Identify goal/vision for implementing instructional coaching in your school and district

### This is a Collaborative Effort

The Utah Coaching Model is a hybrid. We have deliberately searched out every good idea related to coaching we could find!

### Improving Social Competence and Academic Achievement

### Thinking about Coaching

Who do you think of when you think about coaching?

Somebody "famous"?

Somebody you know right now?

Somebody you knew back when?

### Thinking about Coaching

A parent ?
A teacher ?
A religious leader?
A professional coach
An aunt or uncle?
A friend ?
A colleague ?
A self-help author?
Oprah ?

### What Is An Instructional Coach?

- "To coach is to meet colleagues where they are and explicitly support them in achieving the goals they set for themselves"
- "Coaching...is a set of strategies, a way of thinking and a way of working that invites self and others to shape and reshape their thinking and problem solving capacities. [It] enables people to modify their capacity to modify themselves."

### A Simple Definition of Coaching

- Somebody who trains
- Somebody who instructs
- Somebody who guides

### Synonyms

- For Coach: trainer, teacher, instructor, tutor
- For Mentor: teacher, guide, tutor, adviser

### How Does a Coach Teach?

- **Expectations**
- Demonstrate
- Explain
- Guided and Independent Practice
- Feedback

### Why Coaching?

- Federal and state emphasis on accountability
- Requires significant difference-making professional development

# Difference-Making Professional Development

- Ongoing
- As close to home as possible
- Focused on implementation of evidence-based practices

### The Evidence

Training Components	Awareness/ Understanding	Skill Attainment	Application
Theory	85%	15%	5-10%
Model	85%	18%	5-20%
Practice	85%	80%	10-15%
Coaching	90%	90%	80-90%

### A Disclaimer

☐ No large scale studies
☐ Evidence is not incontrovertible
☐ Enough preliminary evidence to suggest promising potential

### What Do Coaches Do?

- Help teachers transfer what they learn about new practices to their classrooms
- Help establish a safe environment in which teachers can try to improve their practice
- Without fear of negative criticism or evaluation

Coaching Roles
Classroom supporter
Curriculum specialist
Data coach
Instructional specialist
Observer
Mentor
Resource provider
Catalyst for change

Coachir	ng Be	haviors
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Observing instruction
Give suggestions to improve teaching
Give encouragement and moral support
Discuss individual concerns
Identify challenges and possible solutions
Provide guidance on assessing learning needs of students
Modeling and co-teaching
Share lesson plans and other instructional activities
Provide feedbackverbal, written
Communicate via email

### What Skills Do Coaches Need?

- Instructional skills
- Interpersonal skills
- Instructional coaching mindsets

### Instructional Skills

- A coach must have instructional credibility
- Very knowledgeable about evidence-based practices
- Model basic teaching routines
- Observation skills

### Interpersonal Skills

- Requires a unique combination of relationship building skills

  Good listening
  Empathy
  Respect
- Clear verbal communications
- Build emotional connections

### The Essence of Coaching

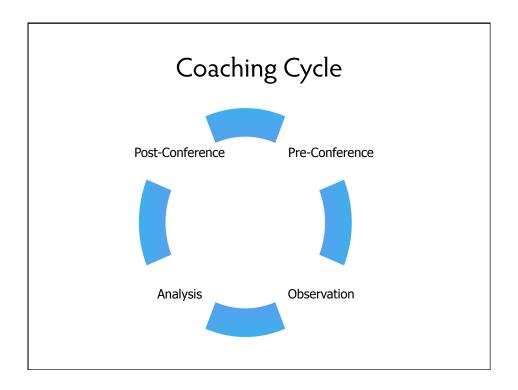
"A coach is someone who can give correction without causing resentment."
--John Wooden--

### Instructional Coaching Mindsets

Passionate
Deeply committed
Relentless
"Personal humility and professional will
Do whatever it takes

# Necessary Conditions for Successful Coaching

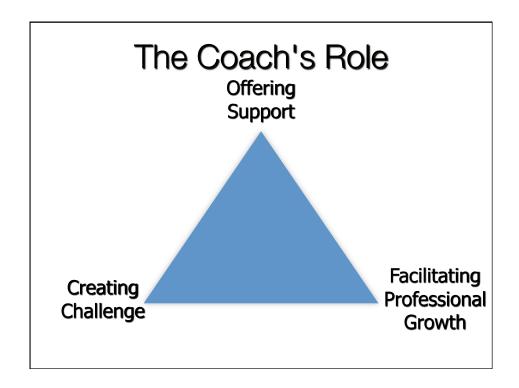
A coach must have time
Must be familiar with and have access to research-based instructional interventions
Must be opportunities for coaches to grow
Can't be quasi-administrators
Must work with principals and vice versa
Must be committed to evaluating impact and making adjustments bsed on data



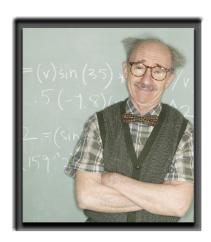




Explicit outcomes
Common language
Center on student
learning
Impetus for reflection



Think of Teachers You Know . . .



### Instructional Coaching (K U)

 An on-site professional developer who partners with educators to identify and assist with implementation of proven teaching methods.

### Partnership Principles

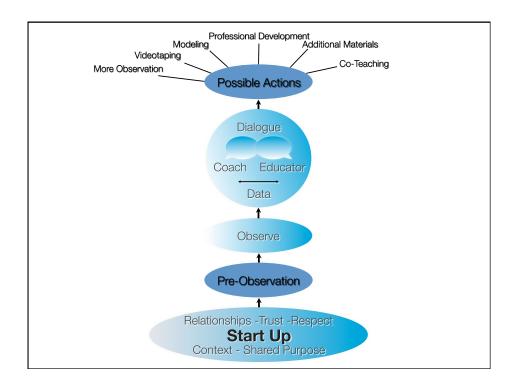
- Jim Knight's principles: colleagues working together--each can learn
- Strategies to reduce the gap between two people
- Creating learning conversations

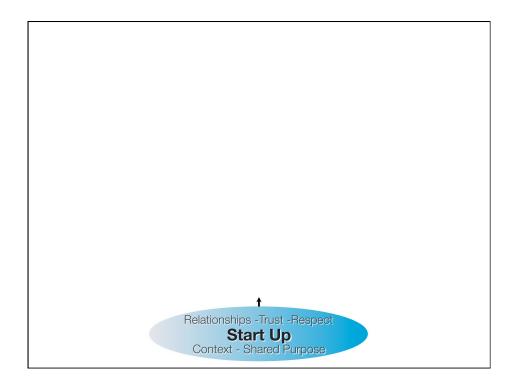


# Collaborative Exploration of Data Based on partnership principles

- Dialogue
- Ongoing regard

Utah's Coaching Model



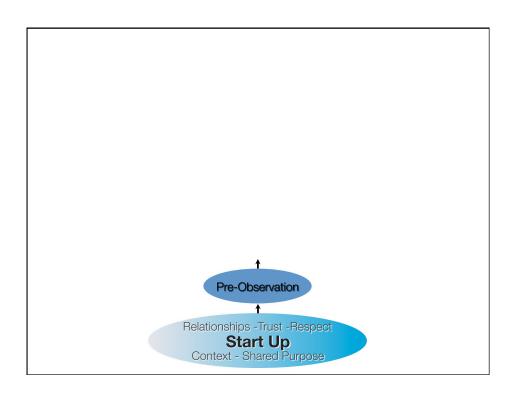


### Start Up is Critical

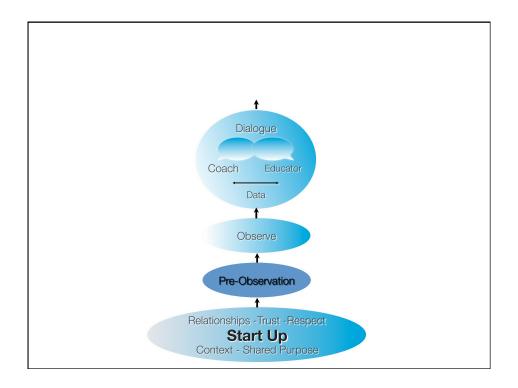
Context must be defined & articulated Common understanding of purpose & role Administrators must be trained Ongoing commitment

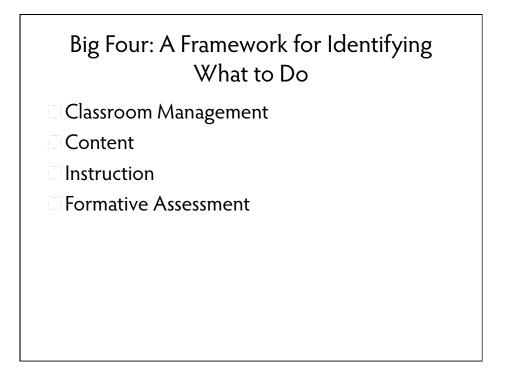
### Relationships are Key

- Rapport, trust
- Choosing the right people
  - Embedded in each step



# Setting up an Observation What is being observed? Data? Observation tool?





# Model Lessons: You watch me!

Should be an "expert"
Clarify roles
Co-construct an
observation form



## Observe: "I watch you"

Coach uses an observation form to watch for data related to:

- -Critical teaching behaviors
- -Fidelity to scientifically proven practices
- -Student behavior and performance
- -Teacher behavior

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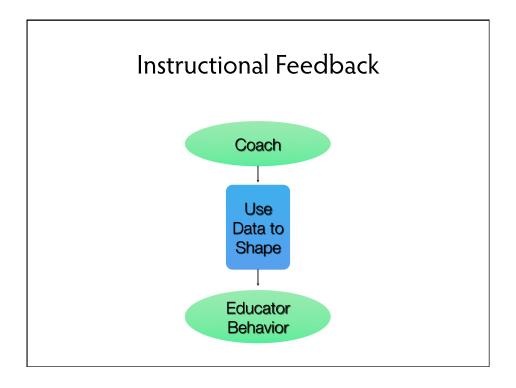
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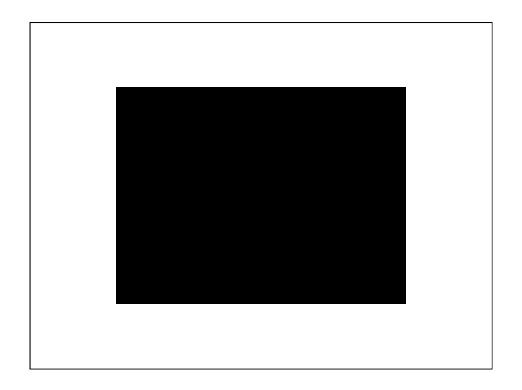
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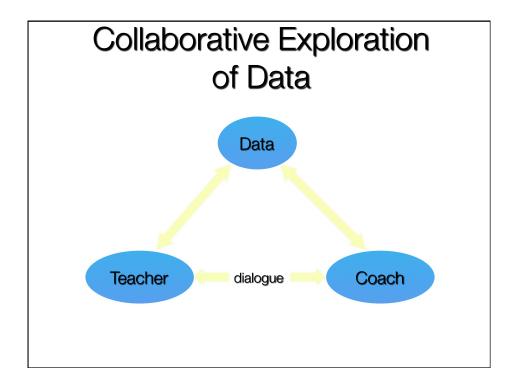
### **OBSERVATION FORM**

Teacher:	School:
Unit/Content:	Module:
Date	

TEACHING PRACTICE	OBS.	COMMENTS







- Dialogue

   A dialogue or conversation among individuals ... must be based on mutual respect, equality, a willingness to listen and to risk one's prejudices and opinions.
- --Richard J. Bernstein

### Dialogue

Respectful, energizing conversation
The developing conversation is more important than being right
Involves suspending opinions & authentic listening
Thinking together

### Strategies for Promoting Dialogue

Learn, internalize, and practice the
partnership principles
Employ the partnership communication skills
Suspend the assumption that you' re right
Respect your partner's opinion
Balance advocacy and inquiry
Ask questions that clarify

### After-Observation Review

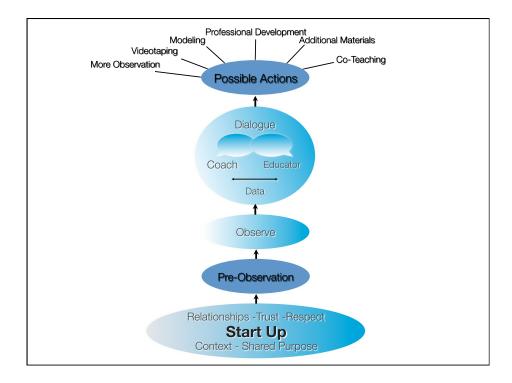
- What was supposed to happen?
  What happened?
- What accounts for the difference?
- What will the teacher do differently next time?

### On-going Collaboration

- More modeling, observation, collaborative exploration of data, and dialogue
- Each relationship is differentiated to fit the unique needs of each teacher

# Coaching:

Possible Actions



### Summary: Coaching

- Is not a quick fix.
- Is for all educators (new teachers and veterans).
  - Requires a significant investment of time and resources.
  - Must focus on fidelity of implementation.
  - Benefits educators, coaches, and students.

## The Utah Coaching Network



www.updc.org